

PRINCESS CRUISES

Your daily guide to life at sea

Ketchikan Monday, June 6, 2016 • Island Princess • Tonight's dress: Smart Casual

Weather: Today's Forecast: Partly Cloudy – High: 17°C (63°F) Low: 12°C (54°F) – Sunrise 4:08am/Sunset 9:20pm

Tomorrow's Forecast: Partly Cloudy – High: 16°C (60°F) Low: 13°C (56°F)

Access island.princess.com • Free of charge on your laptop, iPad or any mobile device while onboard

The Officer's Daily Log

by Executive Chef Jeremy Snowden

Meet Executive Chef Jeremy Snowden



Executive Chef Jeremy Snowden was born in Haworth, North Carolina, inspired by his mother's love of travel. Jeremy has spent his life on adventures, including the Galapagos Islands, and has grown up in Israel where he currently resides with his wife.

Jeremy's career at sea began in 2002, and he found his home with Princess Cruises two years later.

During vacations, Jeremy frequents restaurants to expand his culinary repertoire, but he also spends time on the coast pursuing his passion for scuba diving.

Ketchikan is the self-described "Salmon Capital of the World". This cozy port city is just three miles long and three blocks wide, but it does not lack in options for spending your day. One of Ketchikan's most visited attractions is Totem Bight State Park, where 14 intricately carved and painted totem poles offer a glimpse into the native Tlingit and Haida Indian cultures. The Great Alaskan Lumberjack Show is just a short walk from the ship and offers unique entertainment, from lumberjacks climbing 50-foot trees to competitions including axe throwing and log rolling. There are also several fishing expeditions, flight tours, and even the rare chance to snorkel in the waters of Mountain Point, where you can discover the diversity of Alaska's marine life.

It's been my experience while sailing the world that the personality of a region comes through clearly in its cuisine. The distinctive flavors of Alaska are no exception. From smoked and cured salmon to tender Alaskan King Crab, it's no surprise that people like to indulge in seafood when they visit Alaska. Fresh sourdough bread is also often served with meals, and you can even try reindeer sausage! You can get a taste of these staples and other traditional fare during your visit to Ketchikan, as well as through the regional dishes we prepare from scratch during our voyage.

On the ship, my dedicated team of 194 crewmembers are always busy slicing and dicing, baking and cooking up a feast for the senses. It is my pleasure to ensure that each meal you enjoy on board is an experience to remember. Vacation is a time to relax and relish the good life, and we take pride in preparing fresh and flavorful cuisine with passion and care. Buon Appetito!

From the Navigator

Overnight, Island Princess sailed south to Ketchikan. Ketchikan sits on its own island, Revillagigedo Island and is famous for its thriving salmon fishery. On leaving Ketchikan, Island Princess will continue south, sailing through the Revillagigedo Channel and passing over the US-Canada border (Waypoint 5; page 78) around 2am.

Safety in Tenders

Today we will be taking you ashore using the ship's continuous tender service. For your own safety, please read the Tender Safety Notice at the head of the gangway and familiarize yourself with the contents of the emergency instructions posted in the cab of each tender. You are reminded that there is **NO SMOKING** whilst in the tenders. To reduce the risk of injury, you must keep your hands and arms off the side of the tender as it comes alongside the ship or the stern. It is important that you follow the instructions given to you by crew members and that you remain seated whilst in the tenders. Do not get in, off, or stand in the tenders until instructed to do so by the ship's staff.

Numbered Tender Ticket Service

We will be operating a numbered tender ticket service to avoid line-ups at the tender embarkation area. When you and your entire party are ready to go ashore, please proceed to the Bordeaux Dining Room, Deck 5 Midship from 10:00am onwards. The Cruise Director's Staff will direct you to the tender boats as they become available. Tender ticket numbers will be announced in the dining room only. Passengers on tours will meet at the time and location indicated on your Tour Ticket. Please be advised that we may experience delays during peak times. We thank you for your cooperation and understanding.

5:15pm – All Aboard!

Last night's voyage on our Island Princess sets sail with us this afternoon.

Time Change – Ship's clock will be set one hour forward at 2:00am between Monday night, June 6th and Tuesday morning, June 7th.

For assistance shoreside, please contact the Port Agent: Cruise Line Agencies of Alaska
1249 Tongass Avenue, Ketchikan, Alaska, USA 99901
Tel: +1 907 247-6042 • Fax: +1 907 247-6042

Security procedures are in effect at Ketchikan Port. Department

of Homeland Security is conducting

Refreshing Morning

- 6:00am- **The Wake Show** – Join Mike & Micca, for a light hearted look at today's events. Channel 21, Stateroom Television
- 8:00am **Complimentary Massage Tasters**
Lotus Spa Deck 14 Aft
- 8:00am **Free Footprint and Posture Analysis**
Lotus Spa, Deck 14 Aft
- 8:30am- **Walk In Medi Spa Consultations with Dr. Janice Cruz**
10:00am Lotus Spa Deck 14 AFT
- 9:00am **Knitters and Natters Get-Together**
Crooners Bar, Deck 7 Midship
- 9:30am **Ping Pong Tournament** – With the Cruise Director's Staff. Above Lotus Pool, Deck 15 Midship
- 10:00am- **Luminajects local photos** – As you disembark the ship, smile for a quick and fun souvenir photo!
- 10:00am **Bible Study** – Join your fellow guests for bible studies.
Deck 7 Midship
- 10:00am **Pictionary Challenge** – With your Cruise Staff.
Explorers Lounge, Deck 6 Aft
- 11:00am- **Encore Movie: The Martian**
9:00pm Starring: Matt Damon, Jessica Chastain, Kristen Wilg (PG-13 • 2hrs. 22mins.) Channel 21, Stateroom Television
- 11:30am **Morning Trivia** – With your Cruise Staff.
Explorers Lounge, Deck 6 Aft

Relaxing Afternoon

- 1:30pm **Shuffleboard Tournament** – Center Court, Deck 16 Aft
- 2:30pm **Golf Chipping into the Pool** – With your Cruise Staff.
Lotus Pool, Deck 14 Midship
- 3:30pm **Soccer Shootout** – Center Court, Deck 16 Aft
- 4:00pm **Friends of Dr. Bob and Bill W. Meeting**
Hearts & Minds, Deck 7 Midship
- 4:30pm **Afternoon Trivia** – Come along and test your knowledge with the Cruise Staff. Explorers Lounge, Deck 6 Aft
- 5:00pm & 7:30pm *In the Atrium* **Pre-Dinner Melodies with the Charade Quartet.** Deck 5 Midship
- 5:15pm **Last Tender leaves shoreside! Island Princess sails for Vancouver, Canada shortly thereafter**
- 5:30pm- **Happy Hour: Buy One, Get One For \$1** – Fun for all with drinks, snacks, entertainment and a raffle for a chance to win a surprise gift! Explorers Lounge, Deck 6 Aft
6:30pm Casino Bar, Deck 6 Midship & Wheelhouse Bar, Deck 7 Fwd

Enchanting Evening

- 6:00pm **LGBT Get-Together (Unhosted)**
Wheelhouse Bar, Deck 7 Fwd
- 6:00pm- **Casual, Fun Portraits!** Make your memories last with lifestyle photography - casual and fun - great for the entire family! Atrium, Deck 6 Midship
- 6:30pm, 8:30pm & 9:45pm **SHOWTIME: On The Bayou**
Starring: The Island Princess Singers and Dancers. Princess Theater, Deck 7 Fwd



The Lotus Spa

Cosmetic Facial Treatments

Volumeizing skin treatments, anti-aging enhancement and non-surgical skin care. All treatments FDA-approved. Free consultation with Dr. Janice Cruz, Spa Physician.
Lotus Spa, Deck 14 Aft • Ext. #14625

Water Stations

Before going ashore, chilled water and sodas will be available for purchase.
Enjoy your day in Ketchikan!
Princess Theater & Gangway Area

CRUISE CULT CLASSICS

9:00pm

Name That Tune Trivia:
Music of the 50's & 60's
Hosted by the Cruise Director's Staff.

9:30pm

Rock & Roll Night
Join the Cruise Staff & Party Band Project 5 for your favorite 50's and 60's music & dancing.
Explorers Lounge • Deck 6 Aft

Future Cruise Planning

Place a \$100 per person deposit to receive FREE shipboard credit for your next Princess voyage — even if you haven't decided where to cruise next.
Atrium, Deck 8 Midship

Internet Café


Wi-Fi Available

Enjoy wireless Internet access right from your laptop or ours. See the Internet Café Manager for details and important instructions.
Internet Café • Atrium, Deck 8 Midship

come back new

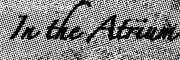
7:00pm **DJ Gonzalo Riff Plays your Favorite Dance Music**
Explorers Lounge, Deck 6 Aft

7:00pm-8:00pm **Ladies Night** – Join us for this fun event! Free champagne for all who attend. Enter to win an Effy Prize.
Effy Jewelry Store, Deck 6 Midship

7:00pm & 10:00pm  **Star Wars: The Force Awakens**
Starring: Harrison Ford
(PG-13 · 2hrs. 18mins.) Lido, Deck 14

7:00pm-10:15pm **\$500 Blackjack Tournament.** Qualifying rounds until followed by the Grand final \$20 entry fee. It's your chance to become our Champion of the cruise. Sign up and play from 7:00pm. **Casino, Deck 6 Midship**

7:15pm **Music and Dancing with Phoenix Rising**
Wheelhouse Bar, Deck 7 Fwd

7:15pm  **In the Atrium** **Princess Pick**
exciting show featuring...
enter to win a \$50 Bonus...
Explorers Lounge, Deck 6 Aft

7:45pm **Discovery at SEA Myth Busters Trivia**
Explorers Lounge, Deck 6 Aft

8:15pm **Music and Dancing with Project 5**
Explorers Lounge, Deck 6 Aft


8:30pm **Singles and Solos Get-Together (Unhosted)**
Crooners Bar, Deck 7 Midship

9:00pm **Piano Entertainer Robert Deans**
Crooners Bar, Deck 7 Midship

9:00pm **Texas Hold'Em Players Meet** for \$1/\$2 No-Limit cash game. Limited seats available. **Casino, Deck 6 Midship**

9:00pm **Music & Cocktails with The Charade Quartet**
Bayou Cafe & Steakhouse, Deck 7 Aft

9:00pm **Name that Tune Trivia: Music of the 50's & 60's** **Princess Pick**
Explorers Lounge, Deck 6 Aft

9:15pm  **Midnight Sun Experience with Louise McMahon.** (Weather Permitting)
Sanctuary, Deck 15 Aft

9:15pm **Dance the Night Away with Phoenix Rising**
Wheelhouse Bar, Deck 7 Fwd

9:30pm **Cruise Cult Classics: 50's & 60's Rock & Roll Night**
With Party Band Project 5 and the Cruise Staff.
Explorers Lounge, Deck 6 Aft

10:00pm- Onwards **The Wake Show** – Join Mike & Micca, for a light hearted look at tomorrow's events. **Channel 21, Stateroom TV**

10:30pm **Karaoke Power Hour** – With your Cruise Director's Staff.
Explorers Lounge, Deck 6 Aft

10:30pm-11:30pm **Happy Hour: Buy One, Get One For \$1** – Fun for all with drinks, snacks, entertainment and a raffle for a chance to win a surprise gift! **Explorers Lounge, Deck 6 Aft and Casino Bar, Deck 6 Midship**

11:30pm **Music and Dancing with Project 5**
Explorers Lounge, Deck 6 Aft

11:30pm- Late **Stay and Play** – Slots and Texas Hold'Em table open all night. **Casino, Deck 6 Midship**

12:15am **DJ Gonzalo Riff Plays your Favorite Dance Music**
Explorers Lounge, Deck 6 Aft

Casual Portraits Tonight!

Let our professional photographers create special memories for you!

No sitting fee, and no charge to purchase.

Atrium, Deck 6 • 6:00pm-9:00pm

\$\$\$ Princess Casino

Stay and Play

Tonight you could strike it rich after midnight! The slots and Poker table will remain open all night for your gaming pleasure.

Casino • Deck 6 Midship

PRINCESS CRUISES PRESENTS

On The Bayou

A show about New Orleans and everything it's famous for with a Mardi Gras finale.

Starring The Island Princess Singers and Dancers

Accompanied by the Island Princess Orchestra.

Hosted by your Cruise Director Mike

6:30pm, 8:30pm and 9:45pm
Princess Theater, Deck 7 Fwd

Food & Beverage

Bayou Cafe & Steakhouse™

Spice up your day with a little jazz and some delicious Cajun & Creole cuisine. \$29 per person cover charge applies. Reservations recommended.

5:00pm-10:00pm • Deck 7 Aft

Drink of the Day

Try our Drink of the Day,

Frozen Grizzly Bear - \$8.95
Crème de Menthe Green, Crème de Cacao White, Pouring Cream and Chocolate Chips.

Ask your server • All bar locations

LOCATIONS, HOURS & MORE



Art Gallery – Deck 7 Midship
8:00pm-9:00pm

Boutiques – Deck 6 Midship
8:00am-Arrival & Sailing-11:00pm

Effy Jewelry Store - Deck 6 Midship
8:00am-Arrival & Sailing-11:00pm

Captain's Circle Membership Desk - Atrium Plaza Deck 5
9:00am-Noon

Casino – Deck 6 Midship
Casino opens approximately 30 minutes after sailing
Slot Machines and Texas Hold'Em table remain open all night

Future Cruise Sales - Atrium Lobby, Deck 8 Midship
8:00am-Noon & 5:00pm-7:00pm

Internet Café – Deck 8 Midship
Manager hours: 8:00am-10:00am, 4:00pm-6:00pm & 7:30pm-9:30pm

Library – Deck 8 Midship
Open 24hrs

Lotus Health & Fitness – Fiesta Deck 6 Aft
5:00am-12:00am

Lotus Spa & Beauty Salon – Lido Deck 14 Aft
8:00am-10:00pm (Tel. 14626)

Medical Center – Deck 4 Midship
8:00am-10:00am & 4:30pm-6:30pm
For urgent medical attention, dial 911

Photography & Video Gallery – Deck 6 Midship
8:00pm-11:00pm - (Dial 6603)

Sanctuary – Deck 15 Aft
8:00am-5:30pm

Swimming Pools – Deck 14 Midship
Lotus Pool: 6:00am-10:00pm
Lido Pool: 6:00am-Midnight

Youth & Teen Center – Decks 12 & 14 Aft

Port Day Supervision: 9:00am-5:00pm

Youth Activities: 6:00pm-10:00pm

Teen Activities: 1:00pm-5:00pm & 6:00pm-Late

Late Night Kid-Sitting: 10pm-1am (Upon request, advanced booking required)

Dining Guide For dining reservations dial 3463 between 8:00am & 5:00pm

	Location	Hours
Bordeaux Dining Room (Anytime)	Deck 5 Midship	5:15pm-9:30pm (Anytime Dinner)
Provence Dining Room (Traditional)	Deck 6 Midship	7:00am-9:00am (Breakfast); 3:30pm-4:30pm (Tea); Early Seating 5:15pm; Late Seating 7:45pm
Alfred's Place (At Sabatin's)	Deck 7 Midship	Closed
Sabatin's*	Deck 7 Midship	5:00pm-10:00pm
Sayou Café & Breadhouse*	Deck 7 Aft	8:00pm-10:00pm
Pizzeria	Deck 14 Midship	11:00am-11:00pm
Delice Ice Cream Bar	Deck 14 Midship	11:00am-10:00pm
The Grill	Deck 15 Midship	11:00am-10:00pm
Horizon Dining	Deck 14 Forward	8:30am-11:30am (Breakfast); 11:30am-3:30pm (Lunch); 3:30pm-9:30pm (Light Snack); 8:30pm-Midnight (Dinner)

Bars, Clubs & Lounges – Signature Cocktail: Frozen Grizzly Bear – \$8.95

	Location	Hours
Lotus Lounge	Deck 5 Midship	6:00am till 11:00pm
Explorers Lounge	Deck 6 Aft	4:00pm onwards
Crossings	Deck 7 Midship	10:00am onwards
Wheelhouse Bar	Deck 7 Forward	4:00pm onwards
Sayou Café	Deck 7 Aft	6:00pm onwards
Horizon Bar	Deck 14 Forward	6:00am till Midnight

*Additional charges apply. Actual meal times are subject to change. Once onboard and subject to availability, you may switch from Traditional Dining to Anytime Dining with 24 hours notice to the Maître D'. The legal drinking age of 21 years is observed onboard and photo ID may be required. A 15% service charge is automatically added to all bar and wine bills.

Wheelchairs & Motorized Scooters:

Guests confined to wheelchairs & motorized scooters will not be able to use the tender service for safety reasons. Guests who are able to move, assisted by ship's staff independently of their wheelchair, may use the tender service. For further inquiries, please contact the Guest Services Desk.

Ship's Security Notice

In order to prevent unauthorized persons boarding the ship, you are required to carry your "Cruise Card" with you when going ashore. You will be asked to produce this at the gangway when you leave and return to the ship. Please ensure that you also have a Government-issued picture ID with you before leaving the ship as you will be required to show this at security checkpoints upon your return. Do not accept or bring onboard any parcels or packages from strangers. Before boarding, you may also be asked by our Security Staff to open parcels or handbags which you are carrying.

U.S. Department of Agriculture Restrictions

No fruit, foodstuffs or plants may be taken ashore. On the spot fines may be enforced. U.S.D.A. regulations do not permit us to take onboard, nor to allow us to prepare, fish from any independent tour operator.

Express Walk Off Program

Last chance to sign up for Express Walk Off! It's the fastest way to disembark, but you must be able to carry all of your own luggage. Sign up at the Guest Services Desk by 12:00pm tomorrow.

Shore Excursions: Tour office hours: 8:00am-10:00am & 5:30pm-7:30pm – Deck 8 Midship

Welcome to Ketchikan; a city rich in Native heritage which includes the world's oldest collection of totem poles. Ketchikan with its abundance of salmon is also a Sportfishing paradise. All tours operate rain or shine.

Last Minute Tour Bookings: Tour Staff available during Tour Dispatch in the Wheelhouse Bar and Princess Theater between 10:00am - 12:00 noon for last minute bookings.

Shore Excursion Manager's Pick for the Port for Ketchikan – Tour KTN-810 Deadliest Catch Crab Fisherman's Tour – Join crab fisherman on this tour for an extraordinary journey of discovery on the Aleutian Ballad!

We also recommend: The Great Alaskan Lumberjack Show: "Don't miss your opportunity to see the **Great Alaskan Lumberjack Show**": There are two different tours that you can choose from that allow you to see

this exciting and entertaining extravaganza. Watch as Lumberjacks have axe chopping races, climb trees and slide back down them, log rolling battles and even play a daring game of accuracy, throwing axes. It's fun for all ages whether you're a kid, got kids, or a kid at heart."

Meeting your Tour – Ashore: Signage will be clearly displayed at the meeting time & location indicated on your tour ticket. Make sure that you dress in layers and that a waterproof jacket or umbrella is taken with you as the day's weather can change suddenly. **Onboard:** Passengers meeting their tours onboard – kindly refer to the meeting time and location indicated on the letter sent to your stateroom last night.

Closing time for cancellations - No refunds or exchanges can be made for Vancouver after 6:00pm today.