

PRINCESS PATTEN

Your daily guide to life at sea

Juneau Sunday, June 5, 2016 • Island Princess • Tonight's dress: Formal

Weather: Today's Forecast: Partly Cloudy – High: 18°C (65°F) Low: 13°C (56°F) – Sunrise 3:57am/Sunset 9:56pm
Tomorrow's Forecast: Partly Cloudy – High: 17°C (63°F) Low: 12°C (54°F)

Access island.princess.com • Free of charge on your laptop, iPad or any mobile device while onboard

The Officer's Daily Log

Meet The Hotel
General Manager
Giacomo Manfredi



Giacomo Manfredi hails from Genoa, Italy. His father's career as a cruise ship doctor fueled Giacomo's passion to sail the world's oceans.

In 1984 he embarked on his journey at sea as a Cadet Purser. In 1998 he was appointed as Hotel General Manager. While sailing to exotic destinations across the globe, he discovered his favorite ports of call: Rio de Janeiro and Buenos Aires.

When he's not onboard, Giacomo splits his time between the city and the country, where he produces organic wine and olive oil. He also has a few vintage cars which he drives around regularly.

by Hotel General Manager
Giacomo Manfredi

Helping you Come Back New is the role I'm privileged to play here on board. If you're seeking a comfortable place to unwind, I recommend a relaxing massage or invigorating workout at the Lotus Spa® and Fitness Center. Or perhaps you'd enjoy a dip in one of our inviting pools.

Enjoy your day in Juneau, offering dramatic scenery that's truly unmatched by any other American capital. Visitors typically flock to Juneau for a chance to gaze at the 12-mile-long Mendenhall Glacier, one of 38 glaciers that flow from the massive Juneau Icefield. Many people are unaware that in addition to frozen wonders, Alaska has a rainforest, and in Juneau you can visit Glacier Gardens, complete with lush greenery and waterfalls. You'll also have the chance to try your hand at panning for gold, just like those that flocked to the city during Alaska's Gold Rush. Other popular adventures in port include dog sledding, whale watching and soaring over the Mendenhall Glacier by helicopter or plane.

Remember, there are also plenty of entertaining things to do on board Island Princess®. Some guests are drawn to the great deals you can find at our art auctions as well as our tax- and duty-free boutiques. Many stop by the Internet Café to keep in touch with friends and family back home, or to read inspiring stories from real guests about why they've chosen to *Come Back New* with Princess – easily accessible on our weekly blog at www.inspiredtoCruise.com.

Whether it's livening the afternoon with a friendly trivia contest or keeping the excitement rolling in our casino, we're all here to make your voyage unforgettable. And each of us on board is proud of our role as The Consummate Host®.

From the Navigator

Overnight, Island Princess sailed south through the Upper Lynn Canal, around Douglas Island and then north via Gastineau Channel into Juneau, Alaska's Capital city. On sailaway from Juneau, Island Princess will head back down the Gastineau Channel, and from there through Stephen's Passage into Frederick Sound (Waypoint 8; page 127). Look out for humpback whales in this area.

Ship's Security Notice

In order to prevent unauthorized persons boarding the ship, you are required to carry your "Cruise Card" with you when going ashore. You will be asked to produce this at the gangway when you leave and return to the ship. Please ensure that you also have a Government-issued picture ID with you before leaving the ship as you will be required to show this at security checkpoints upon your return. Do not accept or bring onboard any parcels or packages from strangers. Before boarding, you may also be asked by our Security Staff to open parcels or handbags which you are carrying.

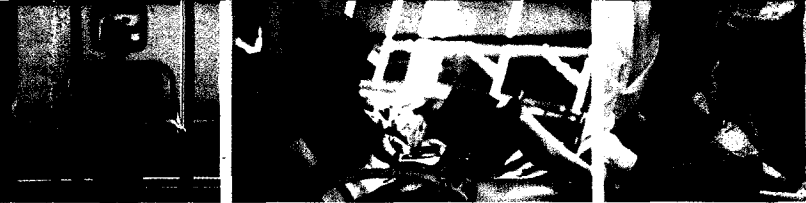
3:30pm – All aboard Island Princess
see's safety procedures

NORTH ALASKA Libby Riddles "Sled Dogs & Adventure"

Libby Riddles was the first female to win the Iditarod Sled Dog Race during a fierce blizzard on March 20, 1985. Her accomplishment earned her acclaim as the 1985 Professional Sportswoman of the Year and she was later inducted into the Alaska Sports Hall of Fame. Having mushed dogs for over 30 years, Libby Riddles is considered one of Alaska's greatest legends. Princess Cruises is honored to invite you to Libby's captivating onboard presentation about sled dogs and the Iditarod... and be sure to visit with Libby and enjoy her book-signing event before and after the presentation.

For more information, visit us online at www.princesscruises.com or call 1-800-451-7629. Security Information: For more information, visit us online at www.princesscruises.com or call 1-800-451-7629. Princess Cruises, Alaska, 1330 E. Front Street, Suite #4, Anchorage, Alaska 99501. Tel: 907-561-7629. Fax: 907-561-7629. Email: princess@princesscruises.com

Find your new favorite something.



Refreshing Morning

6:00am- **The Wake Show** – Join Mike & Micca, for a light hearted look at today's events. Channel 21, Stateroom Television

6:30am- **"Wild Alaska" Display**
3:00pm **NORTH ALASKA** Enjoy some amazing photos taken by Author Nick Jans. Atrium, Deck 5 Midship

6:30am **Island Princess is scheduled to arrive in Juneau, Alaska**
(Approx.)

7:00am- **Be on the lookout for our photographers** as you disembark to capture the special moments of your voyage!

9:00am **Bible Study** – Join your fellow guests for bible studies. Bayou Cafe & Steakhouse, Deck 7 Aft

9:00am **Knitters and Natters Get-Together.** Crooners Bar, Deck 7 Midship

9:45am **Crew Emergency Drill** – Alarms will sound and broadcasts will be made as the crew practices their Emergency duties. During this exercise, limited guest services will be provided. Be advised that part of the exercise involves checking guest staterooms to ensure they have been evacuated. If you will be onboard during the drill and prefer not to be disturbed, please display the "Privacy Please" notice prior to the start of the drill. Guests remaining onboard are strongly encouraged to broaden their knowledge of maritime safety by watching channel 45 of your stateroom television at 10:00am. For the duration of the crew drill, we kindly request that guests keep clear of the area outside of the Boat Deck.

11:00am- **Encore Movie: Daddy's Home**
9:00pm **Starring: Will Ferrell, Mark Wahlberg, Linda Cardellini** (PG-13 • 1hr. 38mins.) Channel 21, Stateroom TV

11:30am **Complimentary walk-in hair consultations** With our international hair stylists. Lotus Spa, Deck 14 Aft

11:45am **Morning Trivia Challenge** – With your Cruise Staff. Wheelhouse Bar, Deck 7 Fwd

Relaxing Afternoon

1:00pm **Karaoke Power Hour** – With your Cruise Staff. Explorers Lounge, Deck 6 Aft

2:00pm **NORTH ALASKA** **Iditarod Champion Libby Riddles: Sled Dogs and Adventure**
An opportunity to spend an hour with Iditarod's first woman champion. A Princess exclusive presentation. Princess Theater, Deck 7 Fwd

2:30pm **Basketball Around the World** Center Court, Deck 16 Aft

3:30pm **All Aboard Please! Island Princess sails for Ketchikan, Alaska shortly thereafter**

3:30pm **Afternoon Trivia** – Come along and test your knowledge with the Cruise Staff. Explorers Lounge, Deck 6 Aft

4:00pm **Lifestyle Seminar: Secrets to a Flatter Stomach** Aerobics/Fitness Center, Deck 6 Aft


4:00pm **movies** **NBA Finals - Game #2**
Cleveland Cavaliers vs. Golden State Warriors (Audio restricted)
Lido Deck 14 Midship

4:00pm **Non-Surgical Face Lift with Dr. Cruz** Bayou Cafe & Steakhouse, Deck 7 Aft


4:15pm **Friends of Dr. Bob and Bill W. Meeting** Hearts & Minds, Deck 7 Midship

4:15pm **L'Occitane Event** – Join your beauty specialists and learn all about these natural products from the south of France. Essence, Deck 6 Midship

4:30pm **Complimentary Walk-In Acupuncture Consultation** Lotus Spa, Deck 14 Aft

 **The Lotus Spa**
Top-to-Toe
Includes a muscle melting full body massage, soothing foot & head massage plus a spa facial.
75 minutes Special Price \$139
Lotus Spa, Deck 14 Aft • Ext. 14626

Ye Olde Pub Night
Starting:
Your Cruise Staff and
The Island Princess Singers & Dancers



Music by:
The Island Princess
House Band

Hosted by:
Cruise Director Mike &
Deputy Micca

Explorers Lounge • Deck 6 Aft

Future Cruise Sales

No need to fill out any paperwork to purchase a Future Cruise Deposit.

Visit the Future Cruise Sales section on Princess®Sea to take advantage of low deposits and onboard credits on your next cruise! It's so easy!

Internet Café

Need to check your email?

Stay in touch with family and friends, or check in on your favorite interests with 24-hour Internet access.

Internet Café • Deck 8 Midship

Princess Captain's Circle

Take advantage of your membership — enjoy exclusive online benefits.

Log on to the Circle Center Online at princess.com.

come back new



4:30pm **Shuffleboard Tournament** – Center Court, Deck 16 Aft

4:30pm **Vodka Tasting and Raffle** – Learn about the history of vodka and sample some flavours at this fun event. Enter to win a bottle of vodka. **Wheelhouse Bar, Deck 7 Fwd**

5:00pm **Art Seminar: Thomas Kinkadee – A Tribute** Princess Pick
One of the world's most beloved artists. His life, his artistic style, achievements and recognitions within the world of art. Sale to follow **Hearts & Minds, Deck 7 Midship**

5:00pm *In the Atrium* **Pre-Dinner Melodies with the Charade Quartet.** Deck 5 Midship

5:00pm-6:00pm **Happy Hour: Buy One, Get One For \$1** – Fun for all with drinks, snacks, entertainment and a raffle for a chance to win a surprise gift! **Casino Bar, Deck 6 Midship and Wheelhouse Bar, Deck 7 Fwd**

Enchanting Evening

6:00pm **LGBT Get-Together (Unhosted)**
Wheelhouse Bar, Deck 7 Fwd

6:00pm-
Close **Casino Non Smoking Night**
Casino, Deck 6 Midship

6:30pm & 8:30pm **SHOWTIME: Spotlight Showtime**
Comedian: **Phil Tag**
Crab Shack **Princess Theater, Deck 7 Fwd**

7:00pm **Casino Merchandise** – Casino Souvenirs on sale! Visit our **Casino Cash Desk** and check the details.
Casino, Deck 6 Midship

7:00pm **NORTH ALASKA Wildlife and Glacier Spotting Commentary.** With Naturalist **Mark Harris.** **Lido, Deck 14 Midship**

7:00pm & 9:15pm **Music and Dancing with Phoenix Rising**
Wheelhouse Bar, Deck 7 Fwd

7:15pm **Piano Melodies with Robert Deans**
Crooners Bar, Deck 7 Midship

7:30pm **Ammolite Unveiling and Presentation** Princess Pick
Join your Effy team to learn about this rare and exotic gemstone from **Alberta Canada.** Enter to win a **Aurora Ammolite Pendant.** **Effy Jewelry Store, Deck 6 Midship**

8:00pm **Texas Hold'Em Players Meet** for \$1/\$2 No-Limit cash game. Limited seats available. **Casino, Deck 6 Midship**

8:00pm **Live Jazz with the Jazz Cats**
Bayou Cafe & Steakhouse, Deck 7 Aft

8:00pm **DJ Gonzalo to DJ Gonzalo Riff Plays the Best of the British.** **Explorers Lounge, Deck 6 Aft**

8:30pm **Singles and Solos Get-Together (Unhosted)**
Crooners Bar, Deck 7 Midship

9:00pm **Piano and Vocal Entertainer Wally B**
Crooners Bar, Deck 7 Midship

9:00pm **Piano Melodies with Robert Deans**
Bayou Cafe & Steakhouse, Deck 7 Aft

9:30pm **Ye Olde Pub Night** – Join your Cruise Staff and The Island Princess Singers, Dancers and Musicians. Hosted by Cruise Director **Mike & Deputy Micca.**
Explorers Lounge, Deck 6 Aft

10:00pm **Movie: The Martian**
Cast: **Matt Damon & Jessica Chastain**
(PG-13 · 2hrs. 22mins.) **Lido Deck 14**

10:00pm-
Onwards **The Wake Show** – Join Mike & Micca, for a light hearted look at tomorrow's events. **Channel 21, Stateroom TV**

10:15pm **Late Night Dancing with DJ Gonzalo Riff**
Explorers Lounge, Deck 6 Aft

10:30pm-
11:30pm **Happy Hour: Buy One, Get One For \$1** – Fun for all with drinks, snacks, entertainment and a raffle for a chance to win a surprise gift! **Explorers Lounge, Deck 6 Aft and Casino Bar, Deck 6 Midship**

New from GoPro!

HERO4 Silver
with built in LCD preview screen
only \$399.99

Photo & Video Gallery · Deck 6 Aft

\$\$\$ Princess Casino

Blackjack Tournament Tomorrow

Join us for your chance to become a champion this cruise. \$20 entry fee. Tickets available now at the **Casino Cashier Desk.**
Casino · Deck 6 Midship

PRINCESS CRUISES
PRESENTS

Spotlight Showtime

Comedian

Phil Tag

Multiple Appearances on the Tonight Show
Back with a brand new show!

Hosted by your Cruise Director **Mike**

6:30pm & 8:30pm

Princess Theater, Deck 7 Fwd

Crab Shack

Experience our seafood extravaganza and enjoy our Chefs' delicious steamers and pots. \$29 per person cover charge. Reservations recommended.

6:00pm-9:30pm · Deck 14 Fwd Port Side

Drink of the Day

Try our **Drink of the Day,**
Ultimate Bloody Mary - \$8.95

Grey Goose Vodka, Tomato Juice,
Horse Radish and Spice Mix.

Ask your server · All bar locations

LOCATIONS, HOURS & MORE



Art Gallery – Deck 7 Midship
6:00pm-9:00pm

Boutiques – Deck 6 Midship
Sailing-11:00pm

Effy Jewelry Store - Deck 6 Midship
Sailing-11:00pm

Captain's Circle Membership Desk - Atrium Plaza Deck 5
8:00am-10:00am & 4:00pm-5:00pm

Casino – Deck 6 Midship
Casino opens approximately 1 hour after sailing

Future Cruise Sales - Atrium Lobby, Deck 8 Midship
8:00am-9:30am & 3:00pm-6:00pm

Internet Café – Deck 8 Midship
Manager hours: 8:00am-10:00am, 5:00pm-6:00pm & 7:30pm-9:30pm

Library – Deck 8 Midship
Open 24hrs

Lotus Health & Fitness – Fiesta Deck 6 Aft
5:00am-12:00am

Lotus Spa & Beauty Salon – Lido Deck 14 Aft
8:00am-10:00pm (Tel. 14626)

Medical Center – Deck 4 Midship
8:00am-10:00am & 4:30pm-6:30pm
For urgent medical attention, dial 911

Photography & Video Gallery – Deck 6 Midship
6:00pm-11:00pm - (Dial 6603)

Princess Shopping Host Desk – Deck 6 Midship (outside Facets)
6:30pm-7:00pm (Effy Store) & 7:00pm-8:00pm (Shopping Host Desk)

Sanctuary – Deck 15 Aft
8:00am-5:30pm

Swimming Pools – Deck 14 Midship
Lotus Pool: 6:00am-10:00pm
Lido Pool: 8:00am-Midnight

Youth & Teen Center – Decks 12 & 14 Aft
Port Day Supervision: 8:00am-5:00pm
Youth Activities: 6:00pm-10:00pm
Teen Activities: 1:00pm-5:00pm & 6:00pm-Late
Late Night Kid-Sitting: 10pm-1am (Upon request, advanced booking required!)

Dining Guide For dining reservations dial 3463 between 8:00am & 5:00pm

	Location	Hours
Bordeaux Dining Room (Anytime)	Deck 5 Midship	5:15pm-9:30pm (Anytime Dinner)
Provence Dining Room (Traditional)	Deck 6 Midship	7:00am-9:00am (Breakfast); 3:30pm-4:30pm (Tea); Early Seating 5:15pm; Late Seating 7:45pm
Alfred's Place (At Sabatini's)	Deck 7 Midship	Closed
Sabatini's*	Deck 7 Midship	5:00pm-10:00pm
Bayou Café & Restaurant	Deck 7 Aft	5:00pm-10:00pm
Pizzeria	Deck 14 Midship	11:00am-11:00pm
Horizon Bar	Deck 14 Midship	11:00am-10:00pm
The Grill	Deck 15 Midship	11:00am-10:00pm
Horizon Café	Deck 14 Forward	5:30am-11:30am (Breakfast); 11:30am-3:30pm (Lunch); 3:30pm-6:30pm (Light Snack); 5:30pm-Midnight (Dinner)

Bars, Clubs & Lounges – Signature Cocktail: Ultimate Bloody Mary – \$8.95

	Location	Hours
La Palombara	Deck 5 Midship	6:00am till 11:00pm
Explorers Lounge	Deck 6 Aft	4:00pm onwards
Crowners	Deck 7 Midship	10:00am onwards
Wheelhouse Bar	Deck 7 Forward	4:00pm onwards
Bayou Café	Deck 7 Aft	5:00pm onwards
Horizon Bar	Deck 14 Forward	6:00am till Midnight

*Additional charges apply. Actual meal times are subject to change. Once onboard and subject to availability, you may switch from Traditional Dining to Anytime Dining with 24 hours notice to the Maitre D'. The legal drinking age of 21 years is observed onboard and photo ID may be required. A 15% service charge is automatically added to all bar and wine bills.

U.S. Department of Agriculture Restrictions

No fruit, foodstuffs or plants may be taken ashore. On the spot fines may be enforced. U.S.D.A. regulations do not permit us to take onboard, nor to allow us to prepare, fish from any independent tour operator.

Please Do Not Feed the Wildlife

The feeding of wildlife while in Juneau is strictly prohibited as this may cause dependency upon that food source, which when removed, may upset the delicate balance of nature. In addition, some food items may cause illness or disease, thereby further disrupting the ecological system.

Security Screening

All guests returning to the ship must pass through security screening. Objects containing metal such as mobile phones, cameras, binoculars, reading glass cases, large belt buckles, batteries, electrical devices, etc. will cause the walk through metal detector to alarm and delay entry onto the ship. Such items need to be placed into the trays provided before you pass through the metal detector. Guests with, for example, surgical metal implants, large amounts of metal jewelry, metal shoe stays, etc. may need to undergo further screening, e.g. hand-held metal detector or "Pat Search."

Shore Excursions: Tour office hours: 6:30am-8:30am & 4:00pm-6:00pm – Deck 8 Midship

Welcome to Juneau. This city is famous not only for gold and government, but also for its breathtakingly beautiful glaciers and stunning views of both water and mountains.

Last Minute Bookings For Juneau – Please visit the Tour Desk during opening hours this morning to check on any last minute availability for Juneau today. Shore Excursion Staff are also available throughout the day on the pier during tour dispatch.

Shore Excursion Manager's Pick for the Port for Juneau – Tour JNU-805 Taku Lodge Feast & 5-Glacier Seaplane Discovery – This tour offers the perfect combination of the best Southeast Alaska has to offer; glacier flight seeing, remote log cabin, wildlife and king salmon feast!

Meeting your Tour - Signage will be clearly displayed at the meeting time & location indicated on your tour ticket

Going Ashore in Juneau - Make sure that you take your camera and have it ready to hand as bald eagles and even the occasional bear can be seen from the lower levels of the town whilst looking up at the side of Mt. Roberts. **Why not pre-book your All Day ticket for the Mt. Roberts Tramway – JNU 140A Adult: \$33 Child: \$16. Getting your ticket onboard will save you having to queue for a ticket at the tramway terminal!**